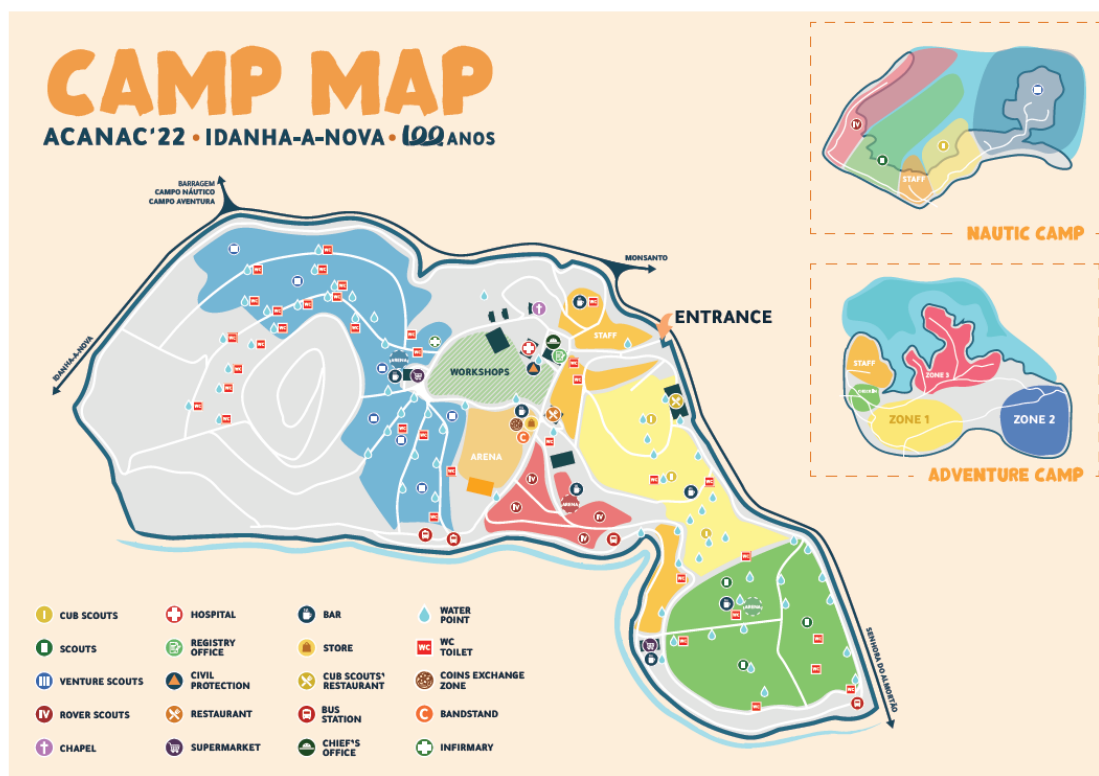


General Information (2nd round)





Camp Rules

While you are in the Village...

It is very important that during the days that you stay in my - now also your - Ombú Village, that you all behave appropriately, to enhance the exchange of experiences, contribute to the success of our party and become Builders of Tomorrow. Therefore,

- When entering the Village, during the Mass (in case of) and when leaving the campsite, you must wear the official uniform t-shirt of your Section (green for scouts, blue for venture scouts and red for rovers).
- During the Village Party, everyone must present themselves with a Scout t-shirt and the Acanac scarf, the remaining parts of the uniform are optional.
- It is the competence of the Colina da Alegria (Hill of Joy), Prado da Coragem (Meadow of Courage), Monte Ousadia (Mount Daring) and of the Terras de Felicidade (Lands of Happiness) to establish the use of other specific pieces of clothing, as well as the clothing to be worn at each moment.
- Clothing should respect the physical well-being, integrity and sensibility of all participants, leaders and staff.
- Participants must not walk around the Village bare-chested or in a bikini/swimsuit.
- All participants should respect, tolerate and be considerate of other cultures, including the use of appropriate clothing for a multicultural environment.
- During the Village Party, all participants must wear the identification wristbands.
- In buses hired by Acanac (and in all public transportation), it is mandatory to wear a mask.
- The Village Party is not a space for intimate manifestations of interpersonal relationships.
- It is very important to stick to the schedule of the programme in order to ensure the success of the Village Party.
- It is forbidden for underaged participants to smoke or drink alcohol in the Village. In the case of adults, they may do so only in the areas designated for this purpose and as long as they do not jeopardize the smooth running of the activities.



- The possession, consumption or supply of any kind of illegal substances is strictly prohibited.
- All trading must be organized or approved by the Parish Council.
- Participants are personally responsible for any damages caused as a result of improper actions, as well as for other consequences arising from such actions.
- Participants are responsible for their belongings on all occasions.
- Participants are not allowed to use any weapons in the Village, such as firearms and knives, with the exception of the use of knives, pocket knives, axes and machetes for educational purposes, in which case the necessary precautions should be taken for their proper use and to maintain the safety conditions of the participants.
- Fire is only permitted in the field kitchen areas, which must comply with the rules stipulated by Ombú Security.
- Visits to the Village are only allowed to people authorized by the Parish Council.
- The absence of any participant, leader or staff from the field must be authorized by the respective chief of the "Colina da Alegria", "Prado da Coragem", "Monte Ousadia" and "Terras da Felicidade" or by the respective service, and will always be informed to the administrative services of the Parish Council, for entrance and exit control. Exits to surrounding areas are an exception.
- Everyone is asked to respect the locations of the toilets, using them in a way that allows their proper functioning.
- Rubbish collection must be respected.
- The village has some charging points for mobile phones and power banks. The powerbank that was distributed to your Patrol, Team or Family can be exchanged for a charged one up to once a day. Look for the powerbank exchange points.
- Throughout the Village Party, the rules issued by the Safe From Harm policy must be respected.
- The circulation and permanence of automobiles in the Village is only permitted after authorization of the Junta de Freguesia (parish council).
- When leaving the Village, don't forget to leave it a little better than you found it.



The Parish Council will evaluate any questions, cases or problems related to these rules and their non-compliance, as well as issues not foreseen in these field rules, and will take the appropriate actions. In addition to these rules, all indications given by all areas of the Village must be respected.

We count on everyone's help so that, together, we may be Builders of Tomorrow.



**Corpo Nacional
de Escutas**



Nautic Camp - Warnings

Here is the essential information for the Nautical Camp:

What to bring

- Swimming suit/shorts
- T-shirt
- Cap/ Sun hat
- A change of clothes
- Sunscreen
- Water shoes or old shoes (flip flops are not suitable)
- Towel
- Food
- Flask with water

Rules to observe / safety measures

Nautical activities are undoubtedly moments of great fun and where we can share many adventures with our scout fellows. But we should not forget safety!

In order for everything to go well, we must pay attention to the following precautions. Follow these rules and you will enjoy the nautical camp activities smoothly.

- It is mandatory to wear footwear everytime in the water (appropriate water shoes or old shoes). Bare feet can lead to small or large injuries and may therefore, spoil the rest of the camp;
- Always wear a T-shirt, cap/hat, and sunscreen properly applied in your skin exposed to sun;
- Make sure to drink water throughout the day. You can find drinking water in bottles and in the drinking water stations. Do not drink water from the lake!
- Eat moderately throughout the day and do not eat all your food at once;
- It is mandatory to wear the safety vest during any nautical activities, even if you know how to swim!

Follow the rules and indications of the nautical camp, and pay attention to the instructions of the nautical activities leaders, following them immediately.

Always follow this advice and you will be able to enjoy your activities without problems. Finally, here is the nautical camp's schedule: 9am-12:30pm / 2:30pm-6pm.



Field Kitchens - Warnings

During ACANAC'22 there will be the need for cooking, using a gas cooker in the field kitchen.

The preparation of the place where you will set up your field kitchen should obey some precautions.

Cautions with field kitchens:

Clear the area around the kitchen, assuring the absence of flammable materials in at least 2.5 meters around the kitchen area where the stove is installed.

The stove should be flanked by protections made of non-flammable materials which, in addition to preventing the spread of fire, hinder air currents.

The presence of a fire blanket (or 2 buckets of sand) + 1 ABC powder extinguisher in each field kitchen is mandatory.

The gas canister must be away from the stove by at least 1.50 meters. The hose must be within its expiry date (indicated on the hose) and should preferably be black in color.

There should be one responsible person who, together with the cook, must have privileged access to the stove.

This person should be ready to extinguish any fire and check all cooking and fire extinguishing material.



Electricity

On camp, there will be charging stations for equipment which will be properly identified. You must bring your mobile phone/equipment to that point and your charging cord. The Camp Management will not be responsible for any damage or loss.



ACANAC Postcard

Fulfilling the tradition that comes since the first ACANAC, the Camp Office will have for sale a postcard, already sealed, for all those who want to send news home, for the scouts who could not participate because they were ill or had to work, for that scout who is a collector and even for ourselves, because it will be nice to get home and have a postcard that reminds us of this great activity.

The postcard is a collector's item, a special CTT (Portuguese post office) edition and costs 1 euro (already stamped). It is a limited edition, so it may sell out in the very first days. The stamp will only be acceptable within Portuguese territory, so if you want to send it to your country an appropriate stamp will be necessary.

We will have in our Team elements to help the younger ones to fill in the address. Then you just have to put it in the postmark, which will be in the Praça da Chama do Centenário (Square of the Centenary Flame), and we'll do the rest. All you have to do is tell your scouts this secret.

Is it or isn't it a nice idea? We think so, but don't tell anyone, because when our friends and family receive the card at home they will be in for a wonderful surprise. :)



Ever since the first Acanac, held in 1926, the Scouts have written home and written to friends, telling all the news of the national camp. This year, there is a new feature, which will be a souvenir that everyone will be delighted with: the postcard from Acanac!

With this postcard you can surprise someone who is not in the camp, a scout friend of yours, your leader who was unable to attend the jamboree, your family, or even



yourself, by sending the postcard to your address. Imagine the joy of everyone when they receive news of you in their mailbox! Tell them all about that most special day at Acanac! Record what you lived and felt, send it to your address and when you get home read your postcard and live it all over again.

The Registry Office will also provide a mail reception service. If you want someone to write to you, use this address:

CNAE - Campo Nacional de Atividades Escutista

Secretaria de Campo
Monte Trigo
6060-131 Idanha-a-Nova



**Corpo Nacional
de Escutas**